



MAGGIE GALLAGHER

Take A Breather

4 WALL - 32 COUNTS - IMPROVER

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|--|--|--|--|
| Section 1 1 - 2 3 - 4 5 - 6 7 & 8 | Side, Drag, Back Rock, Side, Together, Chasse Step left to left side. Drag right beside left. Rock back on right. Recover forward onto left. Step right to right side. Close left beside right. Step right to right side. Close left beside right. Step right to right side. | Step Drag Back Rock Side Together Side Close Side | Left On the spot Right |
| Section 2 1 - 2 3 - 4 5 - 6 7 - 8 Styling | Cross, Touch, Step, 1/4, Step, Touch, Back, Hook & Click Cross left over right. Touch right toe behind left heel. Step right back. Step left 1/4 turn left. Step right forward. Touch left toe behind right heel. Step left back. Hook right in front of left. Count 8: raise arms and click fingers in Spanish style. | Cross Touch Step Turn Step Touch Back Hook | Right Turning left Forward Back |
| Section 3 1 - 2 3 & 4 5 - 6 7 - 8 Tag 2 | Step, Lock, Lock Step Forward, Cross, Back, Step, Sways Step right forward. Lock left behind right. Step right forward. Lock left behind right. Step right forward. Cross left over right. Step right back. Step left to left side swaying hips to left. Sway hips to right. Wall 9: Dance Tag 2 (hip sways) then restart dance again from beginning. | Step Lock Step Lock Step Cross Back Sway Sway | Forward On the spot |
| Section 4 1 - 2 3 - 4 5 - 6 7 - 8 | Figure of 8 Grapevine Step left to left side. Cross right behind left. Step left 1/4 turn left. Step right forward. Pivot 1/2 turn left. Make 1/4 turn left and step right to right side. Cross left behind right. Step right to right side. | Side Behind Turn Step Turn Turn Behind Side | Left Turning left Right |
| Tag 1 1 - 8 | End of Wall 4 (facing front) Repeat steps 1 - 8 of Section 4 (figure of 8 grapevine) | | |
| Tag 2 1 - 2 3 - 4 | Wall 9, end of Section 3: Sway hips left. Sway hips right. Sway hips left. Sway hips right. Then start dance again from the beginning. | Hip Sways Hip Sways | On the spot |

Choreographed by: Maggie Gallagher (UK) April 2003

Choreographed to: 'I Need A Breather' by Darryl Worley from CD Have You Forgotten?;
 also available as download from amazon.co.uk or iTunes (start on vocals)

Tags: There are 2 short Tags, one danced at the end of Wall 4 and one during Wall 9



A video clip of this dance is available at
www.linedancermagazine.com