

# Purest Pain

**Choreographer:** Micaela Svensson Erlandsson, Sweden, Jan 2015

**Count:** 32 / **Wall:** 4 / **Level:** Beginner

**Music:** Purest Of Pain by Son By Four

**\*\* Dedicated to my lovely daughter Joana Lammers \*\***

**Alternative music: A Puro Dolor (Bachata) by Son By Four**

**S:1 Slow Chasse right. Touch. Slow Chasse left. Touch.**

1-4 Step right to right side. Close left beside right. Step right to right side.  
Touch left toe diagonally forward.

5-8 Step left to left side. Close right beside left. Step left to left side.  
Touch right toe diagonally forward.

**S:2 Right Rumba box forward.**

1-4 Step right to right side. Step left beside right. Step forward on right. Touch left beside right.

5-8 Step left to left side. Step right beside left. Step left back. Hold.

**S:3 Slow Coaster step right. Hold. Slow Lock forward left. Hold.**

1-4 Step back right. Step left beside right. Step forward right. Hold

5-8 Step forward left. Lock right behind left. Step forward left. Hold

**S:4 Step. Turn 1/4 left. Cross. Hold. Side behind side. Touch.**

1-4 Step forward on right. Turn 1/4 left. Cross right over left. Hold. (9:00)

5-8 Step left to left side. Cross right behind left. Step left to left side. Touch right beside left

**Ending: At the end of the music, facing wall 6, simply turn 1/2 left, after the Slow lock forward left, to face front wall.**