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## AB Bounce

32 Count, 4 Wall, Absolute Beginner

Choreographer: Glynn Rodgers (UK) Jul 2016

Choreographed to: Danza Kuduro by Don Omar, ft. Lucenzo

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- Section 1**      **Grapevine Right, Diag. Kick, Walk Back, Flick Back.**  
1-2              Step right to right side, cross left behind right.  
3-4              Step right to right side, kick left over right angling body to right diagonal corner (1/8 turn)  
5-6              Walk back left & right (remain facing right diag.)  
7-8              Step back left squaring up to front wall, flick right foot back angling to left diagonal corner (1/8 Turn)
- Section 2**      **Walk Forward, Kick, Jazz Box 1/8 Turn, Touch.**  
1-4              Walk forward right-left-right, kick left foot forward.  
5-6              Cross left over right, turn 1/8 left stepping back right.  
7-8              Step left to left side, touch right beside left.
- Section 3**      **Diag Step, Slide, Heel Bounces, Diag. Step, Slide, Heel Bounces.**  
1-2              Step right forward to right diagonal, slide left to right.  
3-4              Raise both heels off the floor and drop back to floor x2.  
5-6              Step left forward to left diagonal, slide right to left.  
7-8              Raise both heels off the floor and drop back to floor x2.
- Section 4**      **Diag. Back, Touch x2, Slow Knee Rolls x2.**  
1-2              Step right diagonally back right, touch left beside right.  
3-4              Step left diagonally back left, touch right beside left.  
5-6              Roll right knee out in a full circle (clockwise) over 2 counts.  
7-8              Roll left knee out in a full circle (anti-clockwise) over 2 counts.
- Pop Music:**      **Timber by Pitbull, ft. Kesha**
- Latin Music:**    **Nos Vamos De Party by BigStar & Ziel, ft. Mike Moonlight**  
**(starts approx 36 counts after vocals start – approx 31 secs)**
- Country Music:** **Stars on the Water by George Strait**
- Note:**            **This dance will fit to literally hundreds of tracks, use whatever you feel is best!**  
**Have a track your dying to use? If it fits, use it!**
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