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**Count:** 64      **Wall:** 2      **Level:** Improver / Intermediate  
**Choreographer:** Jose Miguel Belloque Vane (NL), Roy Verdonk (NL) Aug 2012  
**Music:** Zumba - Este Habana

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**Intro: 32 counts.**

**Heel grind R, coaster R, heel grind L, coaster L**

1-2                      Rf dig heel in floor toes pointing left, swivel toes to right  
3&4                     Rf step back, Lf step together, Rf step forward  
5-6                     Lf dig heel in floor toes pointing right, swivel toes to left  
7&8                     Lf step back, Rf step together, Lf step forward

**Step 1/2 turn left (2X), walk forward (4X) with shoulder shimmies**

1-2                     Rf step forward, make 1/2 turn left stepping Lf forward  
3-4                     Rf step forward, make 1/2 turn left stepping Lf forward  
5-6-7-8                walk forward R, L, R, L

( Optional : on counts 5-6-7-8 shimmy shoulders )

**Mambo R, mambo L, side R, together, chasse R**

1&2                     Rf rock to right, recover onto Lf, Rf step together  
3&4                     Lf rock to left, recover onto Rf, Lf step together  
5-6                     Rf step to right, Lf step together  
7&8                     Rf step to right, Lf step together, Rf step to right

**Mambo L, mambo R, side L, together, chasse L with 1/4 turn left**

1&2                     Lf rock to left, recover onto Rf, Lf step together  
3&4                     Rf rock to right, recover onto Lf, Rf step together  
5-6                     Lf step to left, Rf step together  
7&8                     Lf step to left, Rf step together, make 1/4 turn left stepping Lf forward. (9 o'clock)

**Cross heel R, side L, cross R, touch L side**

1-2                     Rf cross heel in front of Lf, Lf step to left  
3-4                     Rf cross in front of Lf, Lf touch toes to left  
5-6                     Lf cross heel in front of Rf, Rf step to right  
7-8                     Lf cross in front of Rf, Rf touch toes to right

**Sailor R, sailor L, lock behind, unwind 1/2 turn right, lean back, recover with flick**

1&2                     Rf cross behind Lf, Lf step to left, Rf step to right  
3&4                     Lf cross behind Rf, Rf step to right, Lf step to left  
5-6                     Rf lock behind Lf, unwind 1/2 turn right. (3 o'clock)  
7-8                     lean upper body back, recover and flick Rf back

**Shuffle forward R, 1/2 turn right, shuffle forward L, 1/2 turn left**

1&2                     Rf step forward, Lf step together, Rf step forward  
3-4                     Lf step forward, make 1/2 turn right stepping Rf forward  
5&6                     Lf step forward, Rf step together, Lf step forward  
7-8                     Rf step forward, make 1/2 turn left stepping Lf forward. (3 o'clock)

**Jazz box cross with 1/4 turn right, side step with touch (2X)**

1-2                     Rf cross in front of Lf, Lf step back,  
3-4                     make 1/4 turn right stepping Rf right, Lf cross in front of Rf. (6 o'clock)  
5-6                     Rf step to right, Lf touch to left  
7-8                     Lf step to left, Rf touch to right

**Start again and have fun!!!!!!!!!!!!!!!!!!!!!!**