

The Lilt

Beginners

Choreographed by: **Darren Bailey**

Level: 4 wall,

Music: temperature's burning (travis tritt) east coast swing!

1&2 Step Rf to R side &, close Lf next to Rf, Step Rf to R side

3-4 Rock back onto Lf, recover onto RF

5&6 Step Lf to L side &, close Rf next to Lf, Step Lf to L side

7-8 Rock Back onto Rf, recover onto Lf

1-2 Kick Rf forward, Kick Rf to R side

3&4 Step back on Rf &, close Lf next to Rf, step forward on Rf

5-6 Kick Lf forward, Kick Lf to L side

7&8 Step back on Lf &, close Rf next to Lf, Step forward on Lf

1&2 Step forward on Rf &, close Lf next to Rf, step forward on Rf

3-4 Step forward on Lf, make a 1/2 pivot turn R (weight ends on Rf)

5&6 Step forward on Lf &, close Rf next to Lf, Step forward on Lf

7-8 Step forward on Rf, make a 1/2 pivot turn L (weight ends on Lf)

1-2 Touch R heel forward, twist on heel of Rf and ball of Lf making a 1/4 turn R

3&4 Step back on Rf &, close Lf next to Rf, step forward on Rf

5&6 Step forward on Lf &, close Rf next to Lf, step forward on Lf

7-8 Step forward on Rf, step forward on Lf (can also end with full turn L)

Enjoy dancing!!!