

Mama's Heart Of Gold

Choreographer: Micaela Svensson Erlandsson, Swe, November 2016

Count: 34 / **Wall:** 4 / **Level:** Improver

Music: Mama Courtney by Robert Mizzell

Intro: 36 Count

S:1 Side. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. ¼ Turn right. Step.

1&2 Step right to right side. Touch left beside right. Step left to left side.

3&4 Cross right behind left. Step left to left. Cross right over left.

5&6 Step left to left side. Touch right beside left. Step right to right side.

7&8 Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.

S:2 Mambo Step. Coaster Step. Step. ½ Turn left. ½ Chase Turn left.

1&2 Rock forward on right. Recover onto left. Step back on right.

3&4 Step back on left. Step right beside left. Step forward on left.

5-6 Step forward on right. Turn ½ left.

7&8 Step forward on right. Turn ½ left. Step forward on right.

Bridge here: On wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.

S:3 Rock Step. Shuffle ½ Turn left. Heel Switches. Rock Step.

1-2 Rock forward on left. Recover onto right.

3&4 Make a Shuffle ½ turn back over the left shoulder stepping left, right, left.

5&6& Touch right heel forward. Step right in place. Touch left heel forward. Step left in place

7-8 Rock forward on right. Recover onto left.

S:4 Back Shuffle. Coaster Step. Skate. Skate. Right Vaudeville.

1&2 Step back on right. Close left beside right. Step back on right.

3&4 Step back on left. Step right beside left. Step forward on left.

5-6 Skate forward on right. Skate forward on left.

7& Cross right foot over left. Step back on the left foot.

8& Touch right heel forward. Step right in place.

S:5 Cross Shuffle.

1&2 Cross left over right. Step right foot to right side. Cross left over right.

Bridge: Walk forward on left. Walk forward on right.

On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)

Tag: After Wall 3(Facing 3 O'clock)

Right Scissor Step. Left Scissor Step.