

Saving Me

Choreographer: Micaela Svensson Erlandsson, August 2016

Count: 32 / **Wall:** 4 / **Level:** Beginner

Music: You are Saving Me by Rasmus Eriksson (Album: The Wind Beneath My Wings)

Intro : 32 counts

S:1 Right Chasse. Back Rock. Left Grapevine $\frac{1}{4}$ Turn left. Scuff & $\frac{1}{4}$ turn left

1&2 Step right to right. Close left beside right. Step right to right.

3-4 Rock back on left. Recover onto right.

5-7 Step left to left. Cross right behind left. Turn $\frac{1}{4}$ left stepping forward on left. (9.00)

8 Scuff right turning another $\frac{1}{4}$ left on ball of left foot. (6.00)

S:2 Right Chasse. Back Rock. Left Grapevine $\frac{1}{4}$ Turn left. Scuff.

1&2 Step right to right. Close left beside right. Step right to right.

3-4 Rock back on left. Recover onto right.

5-7 Step left to left. Cross right behind left. Turn $\frac{1}{4}$ left stepping forward on left. (3.00)

8 Scuff right forward.

Restart here: After Section 2 on Wall 5 (Facing 3 O'clock)

S:3 Jump Forward. Hold & Clap. Forward Shuffle. Rock Step. Triple full Turn left.

&1-2 Jump forward on right. Jump forward on left. Hold & Clap.

3&4 Step forward on right. Close left beside right. Step forward on right.

5-6 Rock forward on left. Recover onto right.

7&8 Make a Triple Full turn over your left shoulder stepping left, right, left. (3.00)

Easy Option: Replace the Triple full turn with a Coaster Step.

S:4 Rock Step. Coaster Step. Rock Step Shuffle $\frac{1}{2}$ Turn left.

1-2 Rock forward on right. Recover onto left.

3&4 Step back on right. Step left beside right. Step forward on right.

5-6 Rock forward on left. Recover onto right.

7&8 Shuffle $\frac{1}{2}$ Turn back over the left shoulder stepping left, right, left. (9.00)

Start Again: