

Only One Woman

Choreographer: Micaela Svensson Erlandsson, Swe, (Dec 2012)

Count: 48 / Wall: 4 /Level: Improver - waltz

Music: Only One Woman by Alien (132 bpm)

Intro 54 counts (6x9)

S:1 Slow Chasse right, Cross rock forward left, Side

1-3 Step right to right, close left beside right, Step right to right.

4-6 Cross rock forward on left. Rock back onto right, Step left to left side.

S:2 Right Twinkle, Left Twinkle ¼ turn left

1-3 Cross step right over left. Step left to left side. Step right in place.

4-6 Cross step left over right. Step right to right side. Turn ¼ left stepping forward on left.

S:3 Step, Hitch left, Kick left forward, Step left back, turn ½ right Stepping forward on right, Step left forward

1-3 Step forward on right, Hitch left knee up, Kick left foot forward

4-6 Step back on left, Turn ½ right stepping forward on right foot, step left foot forward

S:4 Step forward on right, Hitch left, Kick left forward, Basic Waltz Step back left.

1-3 Step forward on right, Hitch left knee up, Kick left foot forward

4-6 Step back left. Step right beside left. Step left beside right

S:5 Right Twinkle, Cross, Side, Behind

1-3 Cross step right over left. Step left to left side. Step right in place.

4-6 Cross left over right, Step right to right side, Cross left behind right

S:6 Long step right, drag left beside right, Turn ¼ left, Turn ½ left, Turn ¼ left.

1-3 Take a long step to the right with right, Drag left towards right

4-6 Turn ¼ left Stepping left forward, Turn ½ left stepping back on right, Turn ¼ left stepping left to left

S:7 Cross rock forward right, Side Cross, Side, Behind

1-3 Cross rock forward on right. Rock back onto left, Step right to right side.

4-6 Cross left over right, Step right to right side, Cross left behind right

S:8 Long step right, drag left beside right, Long step left, drag right beside left,

1-3 Take a long step to the right with right, Drag left towards right

4-6 Take a long step to the left with left, Drag right towards left

Tag 1 After wall 2, 4 and 6 (18 counts)

T:1-1 Right Twinkle, Left Twinkle

1-3 Cross step right over left. Step left to left side. Step right in place.

4-6 Cross step left over right. Step right to right side. Step left in place.

T:1-2 Cross, Side, Behind, Long step left, Drag right beside left.

1-3 Cross right over left, Step left to left, Cross right behind left.

4-6 Take a long step to the left with left, Drag right towards left

T:1-3 Long step right, Drag left beside right, Long step left, Drag right beside left.

1-3 Take a long step to the right with right, Drag left towards right

4-6 Take a long step to the left with left, Drag right towards left

Tag 2 After Wall 5(6 counts)

T:2-1 Long step right, drag left beside right, Long step left, drag right beside left.

1-3 Take a long step to the right with right, Drag left towards right

4-6 Take a long step to the left with left, Drag right towards left

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