



### **I feel bad/Aka Margareta**

32 counts, 2 wall, Beginner

Choreographer: Micaela Svensson (SWE) Feb. 2009

Choreographed to: Jag vill var din Margareta

By Sten & Stanley, 124 Bpm , intro 16 counts

Alternative:I feel bad, By Dean Miller, 122 Bpm

#### **Point, Cross, Point, Cross, Heel, (R) Heel (L)**

1-2 Point right to right, Cross right over left.

3-4 Point left to left, Cross left over right.

5-6 Put right heel forward, Step right foot beside left (Taking weight).

7-8 Put left heel forward, Step left foot beside right (Taking weight).

#### **Rock forward right, Walk back (R,L) Step back right, turn ¼ right and clap, Step back right, turn ¼ right and clap.**

9-10 Rock forward on right. Rock back onto left.

11-12 Walk back on right, Walk back on left

13-14 Step right foot back, Turn ¼ right on ball of right and clap, (end with weight to left).

15-16 Step right foot back, Turn ¼ right on ball of right and clap, (end with weight to left).

#### **Toe strut, Rock forward left, Toe strut, Rock back right**

17-18 Step forward on right toe. Drop heel taking weight.

19-20 Rock forward on left. Rock back onto right.

21-22 Step back on left toe. Drop heel taking weight.

23-24 Rock back on right. Rock back onto left.

#### **Lock forward right, Scuff, Lock forward left, Stomp**

25-28 Step forward right. Lock left behind right. Step forward right. Scuff left foot forward

29-32 Step forward left. Lock right behind left. Step forward left, Stomp right beside left (keep weight on left)

Start over!